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# Blood flow

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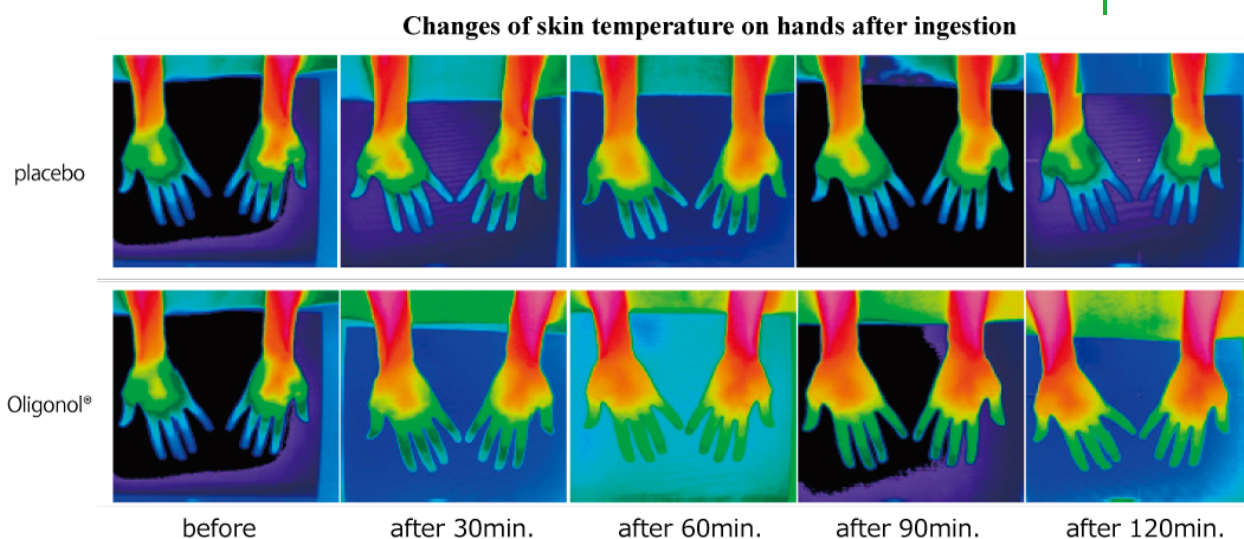
## RESEARCH

### Improvement of blood flow

# Oligonol® raised the body surface temperature.

Poor blood circulation causes cold fingertips and toes.

To investigate whether Oligonol® improves blood flow of hands and feet, healthy subjects ingested Oligonol® and the surface temperature of hands was measured.



Kentaro Kitadate *et al.*, *Natural Medicine Journal*, 6(7) (2014)

## Clinical study

Design: A single-blind, placebo-controlled crossover trial

Subject: 6 healthy volunteers (28-40 years old)

Groups: Oligonol® and placebo

Dose : Single dose (50 mg)

Endpoints: Alteration of the body surface temperature through skin thermography measurement for 2 hours after supplementation

## Result

Oligonol® elevated the temperature of palms and might be effective for improving peripheral blood flow in healthy persons.



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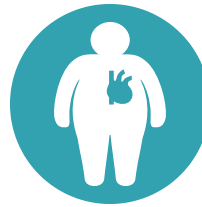
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